

2017 - 2018

YOGA / DRYLAND

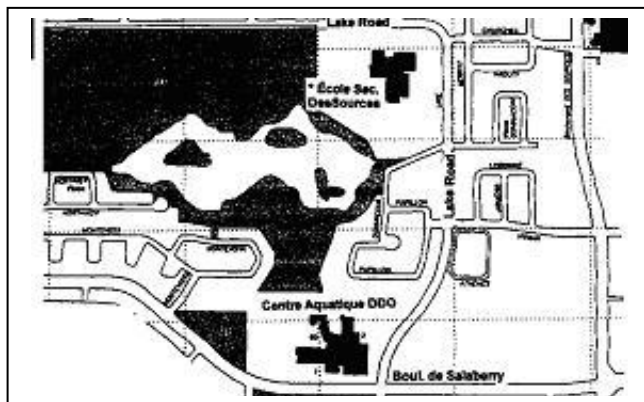
YOGA / EXERCICES AU SOL

The schedule and dates are subject to change without notice

L'horaire et les dates sont sujets à changement sans préavis

Group Groupe	Lundi Monday	Mardi Tuesday	Mercredi Wednesday	Jeudi Thursday	Vendredi Friday	Samedi Saturday	Dimanche Sunday	Season Dates Saison
Senior	4pm-6pm	±(5:30-7am) 4pm-6pm	4pm-6pm	±(5:30-7am) 4pm-6pm	4pm-6pm	6am-8:30am 8:30-9:30am	/	11-Sep - July 28 Juil
1A	6pm-7:30pm École Sec. DesSources	6pm-7:30pm	6:15pm-7pm 7pm-8:30pm	6pm-7:30pm	6pm-7:30pm	6am-7:30am 7:30-8:30am	/	11-Sep - July 15 Juil
1B	6pm-7:30pm	4:30pm-6pm	6pm-7:30pm	6:15pm-7pm 7pm-7:30pm 7:30-8:30pm	6pm-7:30pm	6:30-8:30am	/	11-Sep - July 15 Juil
2A	5:15pm-6pm 6pm-7:30pm	6pm-7:30pm	6pm-7:30pm	4:30pm-6pm 6:15pm-7pm	/	7am-8:30am	/	11-Sep - July 15 Juil
2B	4:30pm-6pm École Sec. DesSources	/	4:30pm-6pm	/	5:15pm-6pm 6pm-7:30pm	3pm-3:45pm 4pm-5:30pm	5:30pm-7pm	11-Sep - June 17 Juin
2C	4:30pm-6pm	/	/	7pm-7:30pm 7:30-8:30pm	/	3pm-3:45pm 4pm-5:30pm	5:30pm-7pm	11-Sep - ±June 10 Juin
D1	/	6pm-7:30pm	/	4:30pm-6pm	6pm-7:30pm	/	3pm-3:30pm 4pm-5:30pm	12-Sep - ±June 10 Juin
D2	/	4:30pm-6pm	/	6pm-7:30pm	/	/	3:30pm-4pm 4pm-5:30pm	12-Sep - ±June 10 Juin
D3	4:30pm-6pm	/	6pm-7:30pm École Sec. DesSources	/	/	4:30pm-5pm 5:30pm-7pm	/	11-Sep - ±June 9 Juin
D4	6pm-7:30pm	/	4:30pm-6pm École Sec. DesSources	/	/	5pm-5:30pm 5:30pm-7pm	/	11-Sep - ±June 9 Juin
PRE-DEV.	/	/	/	6 - 7:00pm	/	5:30-6:30pm	/	14-Sep - ±June 9 Juin

École Secondaire Des Sources – 2900 Lake Road, D.D.O.



Unless otherwise advised, on the dates of scheduled meets, practices are cancelled for the groups invited to these meets. See the Competition Calendar for the dates of these meets and the groups involved.

À moins d'avis contraire, aux dates de rencontres prévues, les pratiques sont annulées pour les groupes invités à ces rencontres. Voir le Calendrier des Compétitions pour les dates de ces rencontres et les groupes concernés.